Recreation Department





Welcome to the City of Chula Vista Recreation Department's Fall 2006 brochure of events, classes, and programs.

Mission Statement

We enrich our community through recreational opportunities and services.

Vision Statement

Our vision is a community that achieves learning, self-discovery, balance, and essential life skills through recreation.

Our Values

- Integrity
- Respect
- Professionalism
- Accountability
- Commitment
- Teamwork
- Fun

Fun To Be Fit Programs

Look for the oval symbol next to the activities of the brochure for Fun To Be Fit programs for all ages! These programs will be free or of minimal cost. Prizes and T-shirts will be awarded. Join with family and friends to "Get Fit with Chula Vista Recreation!"

Chula Vista is a proud member of the greater San Diego Recreation and Parks Coalition for Health and Wellness.

Rentals

Interested in renting a center, gymnasium, or meeting room for a private party or function? Facility rentals are available at reasonable rates. Call your center of choice for available times and details.

recreation center hours

Fall hours begin September 5

Community Youth Center

Jimmy Tollefson, Recreation Supervisor II Eddie Johnson, Recreation Supervisor I

465 L Street (619) 691-5276

Monday - Thursday 3:00 - 8:30 pm Friday 3:00 - 7:00 pm Saturday and Sunday 12:00 - 4:00 pm Heritage Park Community Center

Tony Ramos, Recreation Supervisor II Lisa Petty, Recreation Supervisor I

1381 East Palomar St. (619) 421-7032

Monday - Thursday 2:00 - 8:00 pm Friday 2:00 - 7:30 pm Saturday 12:00 - 4:00 pm

Sunday Closed

Loma Verde Center

Sandy Chavez, Recreation Supervisor III Joseph Mariano, Recreation Supervisor I

1420 Loma Lane (619) 691-5082

Monday - Thursday
Friday
Saturday
Sunday

2:30 - 8:30 pm
1:00 - 7:00 pm
12:00 - 4:00 pm
Closed

Loma Verde Pool

Manuel Gonzalez, Aquatic Supervisor III Eric Bonney, Aquatic Supervisor II 1420 Loma Lane (619) 691-5081

Montevalle Park and Recreation Center

Shaun Ellis, Recreation Supervisor III Shannon Bullock, Recreation Supervisor I 840 Duncan Ranch Road (619) 691-5269

 Monday - Friday
 8:00 am - 10:00 pm

 Saturday
 8:00 am - 5:00 pm

 Sunday
 12:00 - 5:00 pm

Norman Park Center

Karen Harvell, Recreation Supervisor III Kathy Wigginton, Recreation Supervisor II

270 F Street (619) 691-5086

Mon, Tues, Wed, Fri 8:00 am - 10:00 pm Thursday 8:00 am - 9:30 pm Saturday Closed

Sunday 1:00 - 5:00 pm

Otay Recreation Center

Michelle Castagnola, Recreation Supervisor II Berenice Mora, Recreation Supervisor I

3554 Main Street (619) 476-5325

 Monday - Thursday
 2:00 - 9:45 pm

 Friday
 2:00 - 7:45 pm

 Saturday
 7:30 am - 3:45 pm

 Sunday
 12:00 - 3:45 pm

Parkway Community Center

Frank Carson, Recreation Supervisor III Carmel Wilson, Recreation Supervisor II

373 Park Way (619) 691-5083

Monday - Thursday 2:30 - 8:30 pm Friday 2:30 - 7:00 pm Saturday - Sunday 12:00 - 4:00 pm

Parkway Gymnasium

James Northum, Recreation Supervisor II

385 Park Way (619) 691-5084

Monday - Friday 2:00 - 9:45 pm Saturday Closed

Sunday 12:00 - 4:45 pm

Parkway Pool

Elizabeth Kolata, Aquatic Supervisor II (Acting) 385 Park Way (619) 691-5088

Salt Creek Park and Recreation Center

Steve Scott, Recreation Supervisor III Heidi Sorour,

Recreation Supervisor I

2710 Otay Lakes Road (619) 585-5739

Center and Gym

Monday - Friday 2:00 pm - 10:00 pm Saturday 8:00 am - 10:00 pm Sunday 12:00 - 4:45 pm

Fitness Center

Monday - Saturday 8:00 am - 10:00 pm Sunday 12:00 - 5:00 pm

Veterans Park and Recreation Center

Victoria Tom, Recreation Supervisor III Joanne Stout, Recreation Supervisor I

785 East Palomar St. (619) 691-5260

Monday - Friday 9:00 am - 12:00 noon

2:00 - 10:00 pm

Saturday 12:00 - 5:00 pm Sunday 12:00 - 4:00 pm





community youth center

NFL Pepsi Punt, Pass & Kick

Thousands of participants throughout the U.S. will compete in the NFL Pepsi Punt Pass and Kick competition. Ribbons for first-, second-, and third-place winners will be awarded. All participants will receive a certificate. First place winners will compete at the regional competition. Pre-registration is required no later than September 27. A copy of the participant's birth certificate is required. No cleats will be allowed during the competition. Free

Ages: 8 and 9

#9300.481 Sept 29 5:30 pm

Ages: 10 and 11

#9300.482 Sept 29 5:30 pm

Ages: 12 and 13

#9300.483 Sept 29 5:30 pm

Ages: 14 and 15

#9300.484 Sept 29 5:30 pm

Feelin' Good Mileage Club

Come and join this weekly fitness activity at the Community Youth Center. We will use the Chula Vista High School track. Prizes will be given when certain goals are met. Pre-registration required. Free

#9330.485 Mon - Fri 3:30 - 7:00 pm

Sports Clinic

A new sports clinic will be held each week at the Community Youth Center. Pre-registration required. Free

#9330.486 Weds 5:15 - 6:00 pm

Field Day

Compete in different track and field events, from the long jump to the 40-yard dash. See if you can bring home the victory. Prizes will be awarded. Pre-registration is required. **Free**

Ages: 7-15

#9330.487 Oct 20 3:30 - 5:30 pm

Game Room Challenge

Compete in several game room tournaments – billiards, air hockey and much more. Pre-registration required. **Free**

Ages: 7-17

#9330.488 Nov 17 3:30 - 5:30 pm

Holiday Hoops

Compete in our holiday hoops special. Your shooting skills will be put to the test. Horse and Around the World are the name of the game. Pre-registration is required. **Free**

Ages: 7-17

#9330.489 Dec 15 3:30 - 5:30 pm

happenings at heritage

100 Miles at Heritage

Looking for a way to get exercise in a scenic and friendly environment? Sign up for 100-Miles at Heritage. Participants will have ten weeks to walk or run 100 miles around the Heritage Park walking trails. Upon completion, participants will receive a, "I Walked 100 miles at Heritage Park" T-shirt. Free

Catch Recreation in Your Parks

Looking for fun and healthy activities in your own backyard? It's time to enjoy your parks. In the Hearts-N-Parks program, we will engage in a variety of FUN activities for all ages.

Free

Ages: 6 and over

Mon - Thu 4:00 - 6:00 pm

Halloween Crafts and Costume Contest

Participate in a variety of Halloween themed crafts and games. Prizes will be given out to winners of our costume contest.

Free

Oct. 27 1:30 - 3:30 pm

Parents Night Out

This is an opportunity for parents to finish up their holiday shopping. Kids join us for an evening of fun, activities, games, and snacks. Pre-registration is required.

Fee: \$10.00 per child Ages: 6 and over

Dec 15 5:00 - 9:00 pm

loma verde rocks

Loma Verde Creative Corner

This free program is designed to introduce participants to a variety of holiday and seasonal crafts. A calendar of craft projects in located at the center.

Ages: 5-14

Tues 3:00 - 4:00 pm

Loma Verde Sports Club



This program includes instruction on the fundamentals of floor hockey, soccer, baseball, basketball, and flag football. Teamwork and good sportsmanship will be stressed. There will also be swim days and BBQ's.

Ages: 6-14

Thurs 2:30 - 4:00 pm

Phat Fridays

This program offers a variety of special activities including popcorn and a movie, building your own sundae, root beer float day, bingo, and dances. For more information on activities check our calendar at the Center or our web site:

www.chulavistaca.gov/rec

Fri 2:30 - 4:00 pm

Parents Night Out

Parents can drop off their kids for an evening out. Activities will include dinner, crafts, a movie, and games.

Fee: \$10.00 per child Ages: 5 and over

#9155.421 Sept 22 6:00 - 10:00 pm #9155.422 Oct 20 6:00 - 10:00 pm #9155.423 Nov 17 6:00 - 10:00 pm #9155.424 Dec 8 6:00 - 10:00 pm

Community Centers





Swap Meet Saturday

Loma Verde Center will host a parking lot sale to be advertised in the newspaper and various locations. Spaces are limited. Reserve your space early. Cost: \$10.00 per space. Tables will rented for \$5.00 per table. For more information call 585-5687.

Oct 21 7:00 am - 1:00 pm

Fall Fest

Come join the autumn festival! There will be a variety of activities including games, prizes, crafts, pictures, and a costume contest.

Free

Oct 27 3:00 - 5:00 pm

Club LV Teen Dance – "Monster Bash"

A live DJ will play the best Hip-Hop, Top 40, and Slow Jams. Activities include best costume contest, raffles, and much more. Cover charge: \$3.00 per person. For more information call 691-5082.

Ages: Middle and High School Students
Oct 27 8:00 - 11:00 pm

Santa's Workshop

Make a gift or ornament for 50 cents per project. Community volunteers will help children with their projects.

Ages: All

Dec 8 2:00 - 4:30 pm

Ceramics Make and Take

Children will have an opportunity to pain a ceramic item for the holidays. Cost is \$10 which includes project and paint.

Ages: 6 and over

Dec 9 10:00 am - 12:00 pm

Santa is coming to Loma Verde Center

Come give Santa your last minute list. Free candy canes for everyone. Parents don't forget your cameras!

Dec 15 2:30 - 4:00 pm



on the move at montevalle

Montevalle Kids Fitness Club

Students will learn the basics of a variety of fitness activities by participating in games and friendly competition. Instructors will promote a healthy lifestyle through fun, knowledge, and exercise. Class begins September 28 and continues for 10 weeks. Registration required. Free

Ages: 8-14

#4200.450 Thurs 4:00 - 5:00 pm

Having A Ball

Montevalle staff will conduct a sports program in the gymnasium. A variety of sports will be played – from indoor soccer to dodge ball. Staff will stress participation, good sportsmanship, and of course fun. Free

Ages: 6-14

Tues, Thurs 3:30 - 4:30 pm

Parents' Night Out

Parents can have a night out while the kids participate in a variety of themed activities. These events include dinner, crafts, movies, and games. Children must be dropped off and picked up from the event.

Fee: \$10.00 per child

Ages: 5-14

End of Summer Party

#9900-351 Aug 25 6:00 - 10:00 pm

Fall Madness

#9900-451 Nov 17 6:00 - 10:00 pm

Winter Fun

#9900-453 Dec 15 6:00 - 10:00 pm

Tournament Day

Monday afternoons are tournament day! Join in fun game room competitions – pool, foosball, air hockey and bumper pool. Prizes awarded to winners.

Free

Mon 3:30 - 5:00 pm

Chalk It Up!

Grab your family and friends and head down to the 1st Annual Chalk It Up event being held on the sidewalks of Montevalle Recreation Center. This great family event is open to individuals of all ages, and you may sign up as an individual or as a group (maximum 4 people per group). Each participant/team will be given a designated area to draw in. Chalk will be provided by the recreation center. The chalk drawings will be judged by our "chalk experts" and prizes will be awarded at the end of the event. All children must be accompanied by an adult. Call or visit Montevalle Recreation Center for more info (619) 691-5269.

Fee: \$5 per square

#9044.451 Sept 30 10:00 am - 2:00 pm

Pumpkin Carving Day

Come enjoy a great afternoon of pumpkin carving with your friends. Pumpkins and supplies will be provided and refreshments will be served.

Fee: \$5

Ages: 6-12

#9044.453 Oct 20 4:30 - 6:30 pm

Little Tikes Costume Carnival

Enjoy a night of costume fun with your little ones. There will be arts and crafts, cookie decorating, face painting, and a few games that will have you and your child enjoying the evening together. Please register early. Space is limited.

Fee: \$5

Ages: 6 and under

#9044.455 Oct 29 4:30 - 6:30 pm

RECREATION DEPARTMENT

The Heart of the Neighborhood





Team-Up For Fun

Staff will run an organized activity in the park. Activities will include Sept. (Flag Football), Oct. (Floor Hockey), and Nov. (Soccer). Staff will stress participation, good sportsmanship, and fun.

Free Ages: 6-14

Weds 3:30 - 5:00 pm

Snow Ball Middle School Dance

Come to our first winter dance. Food, drinks, prizes and live DJ. Come dressed to impress. This is a can't miss party!

Fee: \$5

Ages: Grades 6-8 (School ID Required) #9044.456 Dec 8 6:00 - 10:00 pm

Montevalle Fall Camp

Enjoy games, arts & crafts, movies, field trips and more during our fall camp. Morning and evening extended care is available for an additional cost. Camp weeks will be from September 18 - October 6. Call 691-5269 for more info.

Fee: \$130 Resident \$163 Non-Resident

Ages: 6-14

#9200.450 Sept 18 - 22 #9200.451 Sept 25 - 29 #9200.452 Oct 2 - 6

otay's out of sight!

Back to School Night!

Here is an opportunity to get all of your school supplies for the new school year. We will supply notebooks, pens, pencils, erasers and more! School and education services information will also be available.

Free Ages: 5-12

Sept 13 6:30 pm

Halloween Tot Carnival

Bring your preschooler in their costumes for a day of spooky fun. We will have games, crafts, a costume parade and contest. Don't forget to bring their trick-or-treat bag to collect delicious goodies.

Free

Ages: 3-5 Oct 31 10:30 am - 12:00 pm

Turkey Bowling

What could be more fun than bowling a frozen turkey at bowling pins? Prizes awarded for different age groups. You could be the "Turkey Bowl" champion.

Free Ages: 5-16

Nov 22 3:00 pm

Breakfast with Santa

Enjoy a fun filled holiday breakfast making holiday crafts and visiting with Santa. Space is limited. Tickets go on sale November 27. No sales at the door. Bring your camera for a picture with Santa. Registration is required.

Fee: \$4 Adults, \$2 Kids Ages: 12 and under

Dec 16 9:00 - 10:30 am

Wiz Kids

As part of the Chula Vista Recreation Department Drug Prevention and Gang Diversion Program, these informative activities are designed to increase drug awareness, build self esteem, and enhance refusal skills. Only available for elementary students. Registration is required.

Free

Mon - Thur 2:00 - 4:30 pm Fri 1:00 - 4:30 pm

parkway presents

Hip To Be Fit

This program offers cardiovascular exercise, performing dance routines, and other fun aspects of fitness. Prizes will be given out for this eight-week program. Call (619) 691-5083 for more information. Free

#9055.465

Wed 4:30 - 5:30 pm Sept 27 - Nov 15

Ghoulish Dance and Contest

This Halloween dance and costume contest is for all ages. Adults must accompany anyone under age 18. Prizes will be given

out by age category for the best costume, best dressed family, and more. Pre-registration required. There is limited space, please sign up early. The dance is hosted at the Chula Vista Woman's Club. Call 691-5083 for more information.

Fee: \$4 per family

Ages: Walking to 5 years

#9066.461

Oct 28 5:30 - 8:30 pm

Barriletes Gigantes – Mundo Maya

The Giant Kite Festival is celebrated every year in Guatemala as tradition of the Maya. They make kites that stand over 30 ft. tall. We will be making smaller versions of these kites and attempt to fly them. An adult must accompany children under five years.

Fee: \$2 Resident \$3 Non-Resident

Parkway

#9066.462 Nov 3 3:30 - 6:00 pm

Family Movie Night

Bring the family, dinner, and snacks! Join us for a G- or PG-rated movie at Memorial Bowl. A fun family night out! Call 691-5083 for more information. Free

Memorial Bowl Sept 23 6:30 - 8:30 pm

Holiday Crafts/Gifts -

Parents Day Out!

Make crafts and gifts for family members for the winter holidays while parents take the time to do a little shopping of their own. Fee includes materials for crafts/gifts, snacks and drinks. Extended hours include dinner, drinks and games.

Fee: \$10 Resident \$13 Non-Resident

Ages: 5-15

Parkway

#9066.463 Dec 9 12:00 - 4:00 pm

Fee: \$7 Resident \$9 Non-Resident

Extended Hours

#9066.464 Dec 9 4:00 - 6:00 pm

Community Centers





sail away with salt creek

Story Time

Join the City of Chula Vista Library as Salt Creek hosts Drop Everything and Read (D.E.A.R.) every Tuesday, between Sept 12 - Nov 21 from 11:00 am - 12:00 am.

Teen Open Mic Night

Calling all high school bands and music groups from Bonita Vista, Otay Ranch and Eastlake High Schools. Original or Cover Rock, Alternative, DJ's Pop. Take the stage and showcase your musical talents. Call 585-5739 for more info. Free

Every Third Friday, Sept 1 - Dec 22 6:30 - 10:30 pm

Family Movie Night

Join us for a family movie under the stars, on the grass at Salt Creek Community Center. **Free**

Sept 29 7:00 - 9:00 pm

Parents' Night Out

Parents can have a night out while the kids participate in a variety of themed activities. These events include dinner, crafts, movies, and indoor/outdoor games. Children must be dropped off and picked up from the event.

Fee: \$10.00 per child

Ages: 6-14
Fall Fantastic Fun

Oct 27 6:00 - 10:00 pm

Games, Games, Games

Dec 1 6:00 - 10:00 pm

adventures at veterans!

Family Fun Nights

Check out Family Fun Nights at Veterans Recreation Center. Drop by and enjoy activities like table tennis, foosball, pool, basketball, board games, bingo, craft projects, and more. All activities are offered on a drop-in basis and do not require registration. I.D. required to check out equipment. **Free**

 Sept 28
 5:00 - 7:00 pm

 Oct 19
 5:00 - 7:00 pm

 Nov 16
 5:00 - 7:00 pm

 Dec 7
 5:00 - 7:00 pm

SHARK (3)

(Start Healthy, Active Recreation for Kids)

SHARK provides kids an opportunity to enrich their sports skills by participating in a safe, positive, and non-competitive program. Nutrition instruction will encourage your children to make healthy lifestyle choices. Prizes and incentives will be provided in this 8-week program. Free

Ages: 5-10 #9900.411

M, W 4:00 - 5:00 pm

Health Fair at Veteran's Park

Screenings, educational materials, refreshments, and more! Free

Sept 13 9:00 am - 1:00 pm

Pajama Story Night

Bring your friends and family! Enjoy wonderful stories with our amazing storyteller. Pajamas and stuffed toy are optional. Free

Ages: All Ages

Sept 19, Oct 24, Nov 28, Dec 12 7:00 - 7:30 pm

Movies in the Moonlight

Pack your dinner and enjoy it with your family while watching a G- or PG-rated movie. Movie will begin at dusk. Free

Sept 22 7:30 pm

Let The Games Begin!

September

Mondays - Softball

Ages: 10-15 4:00 - 6:00 pm **Adult** 6:00 - 10:00 pm

Wednesdays - Flag Football

Ages: 10-15 4:00 - 6:00 pm 6:00 - 10:00 pm

Thursdays - Soccer

Ages: 10-15 4:00 - 6:00 pm **Adult** 6:00 - 10:00 pm

Flashlight Candy Hunt

Participants can hunt for sweet treasures in the following divisions: 2-5 years and 6-12 years. This event is designed for the entire family and will feature treats, prizes, crafts, and a costume contest. Remember to bring your flashlight, a bag for your treats, and wear your favorite costume. Pre-registration is encouraged.

Fee: \$4 Resident

\$6 Non-Resident

Ages: 2-12

#9930.411 Oct 28 5:00 - 7:00 pm

Turkey Hunt

Join us as we search Veterans Park for clues to where the turkeys are. This event includes crafts, treats, prizes and a scavenger hunt throughout the park. Pre-registration is encouraged.

Ages: 6-10

#9930.412 Nov 17 4:00 pm

Veterans Winter Camp

Join us for adventures and fun in a supportive environment. All camps include an exciting variety of recreational activities: arts and crafts, specialty projects, games, sports, and field trips. Camp begins at 8:30 am and ends at 4:30 pm. Extended care available for an additional fee. Field trips and pricing TBA. Space is limited. Registration begins November 1.

Ages: 6-12

 Session 1
 #9920-411
 Dec 18 - 22

 Session 2
 #9920-412
 Dec 26 - 29

 Session 3
 #9920-413
 Jan 2 - 5

Father Daughter and Mother Son Dance

Join us for our 1st Annual Father Daughter/Mother Son Dance. Experience a special night of music, treats and tender moments.

Fee: \$5 Resident

\$7 Non-Resident \$2 Additional Child

Ages: 5 and up

Sept 30 5:00 - 7:00 pm